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DEEP DOWN THE RABBIT HOLE: The World is Not What You Think

by Adin Kachisi

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THE WORLD IS NOT WHAT YOU THINK

DEEP DOWN THE RABBIT HOLE



ADIN KACHISI

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CHAPTER ONE

Reality is it not what you think

“The Western mind is very queasy around experiences that cast into doubt its cherished illusion about how reality is put together.”

Terrence McKenna

Writing about reality and the perception of reality is difficult because it involves having to deal with the tools of language. Language and images appear to be central to our thought process, however, knowing seems to transcend language. In my mental process of questioning reality, there are many things I feel and sense but can hardly put them down in words and description. Whenever I try to capture these things in a descriptive box, they seem to dissipate and appear compromised, leaving me with an incomplete mental itch. It is a bit similar to the feeling you get when you have a déjà vu experience. It is a brief moment of knowing and realizing the familiarity of the incident; but attempts to probe the details usually result in the experience breaking down to the rational mundane level filled with doubt. When I asked myself the difference between perception and reality, I realized that I was asking about the nature of consciousness. The struggle with consciousness and perception is whether reality is really dependent on perception, personal or consensus, or if the game of reality has an absolute running independent of observers.

Why bother with the mysteries? Why do we even bother ourselves about old and current mysteries? Don't we have enough important things to take care of, like bills to pay and games to watch? Almost everyone sits back and wonders what is really going on once in a while. More often than we realize, strange things happen all around us, sometimes leaving us perplexed, other times going unnoticed. The unsettling feelings we experience make us question whether events are random or designed, or if some entity or machinery is

running the show. Often when strange things happen without rational explanation, we never find the underlying cause of the issue because we and those around us almost always dismiss it away and rationalize it with some pseudo logical explanations. Society and culture have tendencies to tell us that everything is normal regardless of what we see, hear, and experience. Despite the current attempts to explain reality through science, philosophy, history, and religion, we still have an inadequate picture of the nature of reality and its mysteries. Anomalies may be the little window giving us clues that something strange is happening. By analyzing and reviewing the mysteries from different perspectives, we may start to untangle the knots of quandary.

For a long time in history, humans have been under the illusion that what they see is absolute consensus reality. We call it reality simply because it is a shared consensus experience. If the experience is only yours, it can easily be labeled a hallucination or insanity. However, we have to consider the possibility that what we call reality could be a collective hallucination. Bits and fragments of what we call anomalies could in fact be our only encounter with true reality. The assumption that what we see or consider real is indisputable objective reality has been slowly eroding with a realization that our minds and beliefs play a whole in constructing our reality. Some physicists are even suggesting that our universe is a giant hologram (Motherboard, 2016).

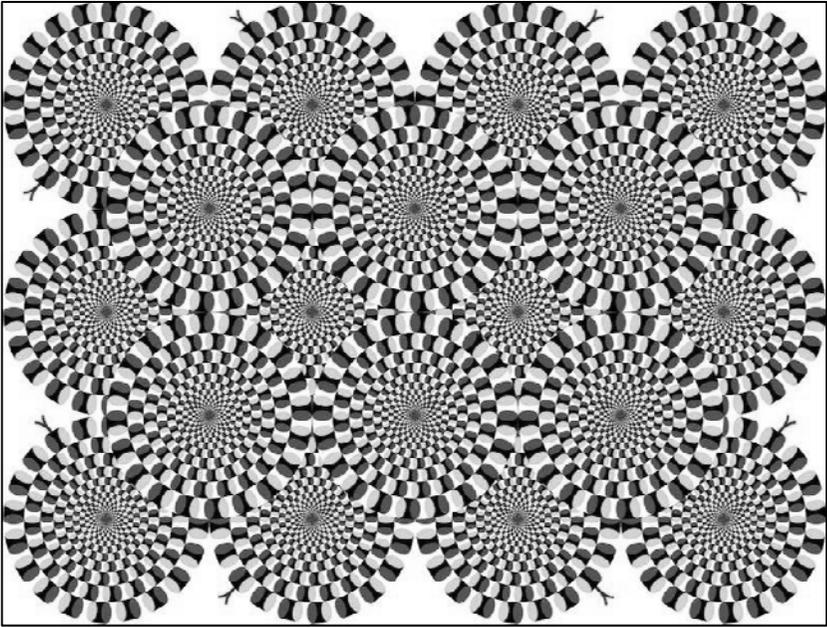


Figure 1. Rotating Snakes
Source: A.Kitaoka 2003

The optical illusion of the *Rotating Snakes*, where some areas of the image appear to be in motion even though in reality the whole image is static, is an example of the difference between what you see through brain constructions and what's actually there.

Subjects like parallel universes, dimensions, and entanglement scare people away because scientists tend to monopolize these subjects and enshroud them with incomprehensible formulas. However, the reality is that regular people actually experience these realities. Discrepancies in our world and reality point us to the idea of the reality of parallel universes, an understanding that there are several duplicates of our universe and reality, with minor to major differences in each.

In quantum mechanics, the “many interacting worlds” hypothesis (MIW) suggests that parallel worlds exist in vast numbers and

interact and influence each other, including our world, on the quantum level and can be detected. Professor Howard Wiseman, a physicist at Griffith University in Brisbane, states, “Our new explanation . . . is that there are ordinary [non-quantum] parallel worlds which interact in a particular and subtle way” (RT, 2014).

Astrophysicist Ethan Siegal says:

Would it be possible that there’s a Universe out there where everything happened exactly as it did in this one, except you did one tiny thing different, and hence had your life turn out incredibly different as a result? (medium.com, 2015)

Sophisticated as these complex concepts may be, how relevant are they to our daily lives? Simply put, are parallel universes real and do we actually experience their effects? For an average person, no amount of complex formulas can be a substitute for real experience.

Anomalies of Reality

There are experiences people dismiss or file away as just weird, simply because we conclude that the error is with us. All too often, we use phrases like “I thought I saw him, I thought I recognized her, I thought I saw something, I thought the place looked familiar.” However, what makes us think that we only “thought” it? Again, it is because we usually conclude that errors are in our minds rather than with the world or with reality. How would you view the world and your daily reality if you discovered that other people who like-wise think it is only in their minds are also noticing the error or discrepancy you thought was just in your mind? There is a growing body of evidence showing that consensus reality indeed has discrepancies and that we might have encountered them without realizing it. Some discrepancies in our reality may be connected to the reality of parallel worlds and their interactions with our world.

Most people do not have experiences of walking down the streets and encountering strangely dressed beings from other worlds popping in and out of dimensional portals. However, there are experiences many people have had that are capable of providing a hint about the

possibility of parallel universes. Some of these experiences include déjà vu, alter vu, dreams, and people's out-of-place experiences.

Dreams

The realm of dreams is very confounding, not only because of its weirdness, but also because it remains a mystery despite being a common experience for everyone. Dreams partly appear to be quantum information in the subconscious that has not collapsed into physical reality. Dreams on the surface are usually a strange mix of imagination, memory, subconscious emotions, fears, daily routines, thoughts, and symbolic imaginary that appear almost randomly. However, as one starts to pay more attention and analyze dreams, they start to take different forms and categories. The first set of dream types include crazy mixes of events, people, and places regardless of chronological time order and geographical limitations. The funny thing with these types of common dreams is their tendency to ignore your current reality and throw you in an environment back in time or in circumstances so different from your present. It is common for people to have dreams where they are back in school as teens even though they are now in their 40s or 60s. When these back in time dreams occur, you are not just pretending to be your 15-year-old self some 20 years ago, but you actually are that age with no knowledge that you are 35 in your awake state. Even flying, though not a possibility in daily life, becomes a viable option in the dream world. This is very common but strange. This means there is a part of our brain capable of totally forgetting our current state and then experiencing a different identity from the past.

The dreams are not just a mystery for the average person; even scientists today still do not know much about dream processes (NINDS, 2014). However, research reveals that certain parts of the brain connected to the limbic and paralimbic systems, and connected to emotions, are active during the REM sleep state. Meanwhile, connections between the frontal cortex and posterior perceptual areas are lost, resulting in the ability to not reason logically or check reality (Hoss, 2005). This connection loss and inactivity of the prefrontal

cortex might explain why you can dream that you are flying or doing other impossible things and continue as if it was normal.



Figure 2. Salvador Dali dreams of fried eggs.
Source: Redbubble 2016

Lucid dreams in particular add another level of complexity to the dreaming experience. Lucid dreaming involves the dreamer's awareness that they are dreaming and to some extent an ability to control the dream. The movie *Inception* featuring Leonardo DiCaprio effectively explores the frail boundaries between reality and dreams centered upon the concept of lucid dreaming. The story shows a world where corporations use the art of dream hacking to access the subconscious mind and extract useful information or simply plant ideas in the mind. Other significant aspects of dreaming explored in this movie include layers of dreams within dreams and the concept of shared dreams, where the dreamers share experiences in the dream.

In a *New York Times* interview, the movie director Christopher Nolan said:

What *Inception* deals with is a science fiction concept in which . . . you and I are able to experience the same dream at the same time. Once you remove the privacy, you've created an infinite number of alternate universes in which people can meaningfully interact—with validity, with weight, with dramatic consequences. (Nytimes, 2010).

Beyond the realm of fiction, there are many native cultures that view dreaming not as a mere vent for repressed subconscious emotions, but as an important realm shaping the physical world. Australian Aboriginal people are well known for their tradition embodying a realm called the Dreamtime, or more accurately “dreaming,” since time is not part of that reality. It is a dimension from where physical reality originates.

One lucid dreamer claims to have brought back a physical bruise or cut from a lucid dream. Another woman's lucid dreams often include some events similar to real world events. This experience may be connected to precognitive dreams where one perceives an event before it occurs. On September 10, 2001, a university professor in Canada received a student's assignment of a possible precognitive dream. The student's recorded dream was about an airplane hitting the CN Tower in Toronto twice. The question then is whether this dream was a prediction of planes hitting the WTC towers in New York City, or just a coincidence.

ESP (Extrasensory perception)

Parapsychologist Daryl Bem of Cornell University performed creative scientific investigations of precognition. Using established psychological protocols, he conducted nine different experiments on more than 1,000 subjects and yielded statistically significant results. In 2011, the statistical evidence for precognition was revealed in an article “Feeling the Future: Experimental Evidence for Anomalous

Retroactive Influences on Cognition and Affect” in the *Journal of Personality and Social Psychology* (Bem, 2011).

Needless to say, Daryl Bem’s study results caused a lot of controversy and received furious criticism. In 2012, a paper with the title “Correcting the Past: Failures to Replicate Psi” reported that no evidence supporting precognition had been found in seven experiments (Galek et al., 2012).

Some factions in the scientific world today tend to act like cults and can be very unforgiving when findings go against agreed principles. When Jeffrey Rouder and Richard Morey applied a meta-analytical Bayes factor to Bem’s data, they concluded, “We remain unconvinced of the viability of ESP. There is no plausible mechanism for it, and it seems contradicted by well-substantiated theories in both physics and biology. Against this background, a change in odds of 40 is negligible” (Rouder & Morey, 2011). In other words, Rouder and Morey are also saying the results cannot be correct because we currently have no scientific explanation for how the ESP phenomena could happen, and also the results are unlikely because they contradict well-substantiated theories.

Without blaming all weirdness in the world on quantum effects, we can only wonder how often we encounter these effects. Can information be transferred through some kind of biological quantum entanglement, like in the case of twins who can share information beyond geographical limitations? For some reason, when particles do it, they call it legitimate science and quantum entanglement, but when humans do it, it is dismissed as pseudoscience. If the quantum approach currently common in particle physics was applied to biology and psychology more fully, a great deal of the human mysteries would likely be solved.

Linking psi phenomena to quantum phenomena might sound like a stretch, but it is commonly believed that identical twins often communicate telepathically over distances. In fact, there are many common examples of telepathy ordinary people generally experience. When I was living apart from my wife, I intuitively or telepathically

knew when she expected my call and even when she was sick. In one funny incident of entanglement, she traveled to another country when she was probably a few days pregnant. As time passed, she started having pregnancy symptoms, like getting nauseous and headaches, but she didn't tell me that she was pregnant. I also started having headaches and getting nauseous and casually mentioned it to an older lady I was working with. In response she simply asked, "Is your wife pregnant?" When I checked with my wife, she confirmed that she was pregnant but had wanted to see the doctor before telling me.

It turns out there is something called Couvade syndrome or sympathetic pregnancy, where a husband or partner experiences the same symptoms as their pregnant female partner. Some symptoms include morning sickness, fatigue, back pain, insomnia, cramps, mood swings, and food cravings. After a study of 282 Dads-to-be conducted at St. George's University, London, Dr. Arthur Brennan said, "These men were so attuned to their partners, they started to develop the same symptoms" (Brennan, 2007).

Psychologist Harald Wallach suggests the use of "generalized entanglement" to understand psi effects. Von Lucadou uses a model of generalized non-locality to explain telepathic connection over distances (Zahradnik, 2004). Harald Atmanspacher from the Institute for Frontier Areas of Psychology and Mental Health in Freiburg says that quantum events occur in biological systems, including the brain (Atmanspacher, 2015).

These words by Walach and Stillfried reveal the nature of the current problem:

The current paradigm does not really allow for non-locality outside of quantum physics...non-local relatedness, such as telepathy, clairvoyance, precognition or telekinesis, have been viewed with suspicion by mainstream science...generalized non-locality would allow understanding these phenomena scientifically...it would also make plausible why standard experimental procedures have not succeeded at

reproducibly demonstrating their occurrence. (Walach and Stillfried, 2010).



Figure 3. J.B. Rhine tests a women subject using his ESP cards.
Source: Duke University Archives.

Extrasensory perception experiments and arguments are old. Parapsychologist Joseph Banks Rhine's 1934 book *Extrasensory Perception* covered his research at Duke University. The book provoked controversy and criticism, and attempts to replicate his experiments failed.

Another related practice called remote viewing involves using extrasensory perception (ESP) to view or sense a distant or concealed target. In 1975, the United States military and intelligence services sponsored a remote viewing research program for military or espionage purposes. Even though the program was stopped, the practice has advanced to a level where it can be demonstrated in a

laboratory and at distant sites. It is usually done within a strict science-based protocol.

Physicist Russell Targ in his book, *The Reality of ESP: A Physicist's Proof of Psychic Abilities*, chronicles two decades of remote viewing investigations at the Stanford Research Institute (SRI). On one occasion, remote viewer Ingo Swann was given geographical coordinates only for remote viewing. Through remote viewing, he was able to produce a detailed sketch, including the underground bunkers of a super-secret National Security Agency (NSA) listening post. In 1973, while exploring Jupiter, Swann identified a ring around Jupiter that was confirmed in 1979 by the Voyager 1 spacecraft (Targ, 2012).

Precognition is knowing about an event before it occurs and remote viewing is viewing details of a geographical location from a distance. These concepts violate the basic laws of time and space as we generally understand them or as generally defined to us by science. However, when we examine some people's experiences, it becomes more apparent that these laws of physics can be broken.

Space-Time Anomalies

Many people experience or know about déjà vu. Déjà vu is the strange feeling that an event is repeating, usually characterized by knowledge of the chronology of the events, actions, or words spoken. The experience is often very brief and vivid. Some neurobiological explanations have been suggested, but no single conclusion has been made. Perhaps the déjà vu mystery is one sign of the existence of parallel universes. The sense of repetition could actually be because the event has in fact already happened, but in a parallel universe. If this is in fact the case, it also implies that we sometimes unconsciously move back and forth between universes.

“Not only is the Universe stranger than we think, it is stranger than we can think.”
(Werner Heisenberg, Across the Frontiers)

If one takes the time to investigate or simply interview friends or random people on their experiences with time and spatial anomalies, I am sure one would not come back empty handed. I will start with one incident of probable teleportation that happened to some people I knew when I was in my early teens living with my family. We had just gone to bed when yells and loud bangs on the door jolted everyone awake. Upon opening the door, we saw two familiar faces, two sisters in their early twenties. They were shaking and shivering, mumbling stuff I couldn't comprehend initially. With a sense of urgency, they pleaded to be let into the house. My mother invited them in without any problem for they were not strangers to our family, we all knew them. They lived only one street away and were my elder brother's friends. Everyone around that area knew the family, specifically because of their father's political activities. As far as I can remember, he was a stern looking man with strong socialist leanings and usually moved around with a bodyguard.

As the story of the night unfolded, it turns out the two girls had a bitter dispute with their father. According to them, the conflict was about their father barring them from their religious activities. He was basically a communist with no space for religion and they were young Christian zealots with no room for compromise. The dispute ended up with the girls being violently bitten by either him or his bodyguard. The real drama, however, as they narrated it, was that during the beatings when they were trying to escape, overcome by fear and calling on Jesus, they suddenly found themselves outside the house. Both sisters were puzzled and could not explain how they ended up outside the house, but they instantly took the opportunity and escaped from the scene. Obviously, in their minds they rationalized this incidence as a religious experience, a case of divine intervention.

Was this a case of teleportation? I am sure they actually experienced this teleportation because I have no reason to think they were making this story up just to amuse us in the middle of the night. Similar events have been reported, usually in time of high stress and danger, like accidents where the driver finds himself standing outside the car

watching it get smashed into pieces. During my college years, I had a roommate from Russia. He told me about one of his experiences back in Russia as a younger man in which he found himself surrounded by bad guys in a bad neighborhood. As they approached him, he said time slowed down for him. He could clearly see each one of them moving in slow motion throwing punches, and all he had to do was duck and occasionally punch back until he escaped. He could have made the whole story up just to impress me, but there was no reason for him to do that; in fact, the real discussion at that time was about bad neighborhoods and the slow-motion fight was just a side note. This could have been another experience of time slowing down under stressful conditions.

In one story of a time anomaly report from Putre, Chile on April 24, 1977, Corporal Armando left his group to investigate some violet lights from the mountains. He came back 15 minutes later from the opposite direction, looking confused. Even stranger was that he had several days' growth of beard and his watch showed the upcoming date of April 30.



Figure 4. Time-eye
Source: learning-mind.com

Another related but separate phenomenon is bilocation. Bilocation is the strange ability to be in two different places at the same time. This phenomenon is historically associated with prominent religious monks and spiritual figures in shamanism, Hinduism, Christian, Jewish, and Muslim mysticism. I thought I had one bilocation experience one day, but not the preferred one, where my clone goes to work while I remain home relaxing. My wife was out of the country and feeling a bit sick. She told me that one night I came to her bedside to check on her health and after that visit, she felt better. When she told me this story I obviously told her it was just a nice dream, but she seriously insisted that it was real. Even though I entertained the notion of bilocation in my mind, I was skeptical, because at the time I assumed that if I ever bilocated I would know or be conscious of it. A few years later, when I recounted this experience to a friend of mine who is no stranger to weird stories he casually responded, “My grandfather had that ability . . . to be in two places at the same time.” Even though you will not find many records of this phenomenon in modern times easily, my guess is that there are a considerable number of people in the world with such experiences or eyewitnesses to the phenomenon who have probably dismissed it with one explanation or another.

In another strange experience, one evening I was walking back and forth in my bedroom with a baby in my arms and trying to put him to sleep. I was turning in a circular motion when I placed my gaze towards the baby crib in the corner of the room and saw the crib and the whole room corner shift forward in an instant snap. How could part of the room suddenly jump into a different spot? It was like an old cinema reel getting stuck and then suddenly speeding off to catch up with real time. I questioned myself to check if this was just my visual error but I am still convinced that I saw reality act abnormally.

Quantum Strangeness and the Mandela Effect

The experience of *alter vu*, which involves having conflicting memories about past events, may or may not be linked to a phenomenon labeled the Mandela Effect by author Fiona Broome

where something you knew to be one way turned out to be another. This is not a simple case of being factually wrong, but of having actual memories that contradict current reality. The name of the experience comes from the specific case of some people remembering the death of Nelson Mandela in the 1980s. This phenomenon includes cases of deaths that did not happen and book and movie titles that changed.

Subjects like the Mandela Effect and seemingly silly or trivial issues of movie titles like *The Berenstain Bears* or *Interview with the Vampire* being increasingly discussed on social media in the context of parallel worlds is interesting. This might be showing us that subjects connected to the very nature of reality are no longer monopolized by scientists and science fiction writers, but issues that regular people can speculate on freely. One of the discussions is that the titles of these movies are spelled out differently in this current reality from what some people remember. In a sense, this is about an inconsistency between people's memories and what is on record today.

Some people recall a series of children's books called the *Berenstein Bears*, not spelled *Berenstain Bears*. However, if you check the books today and their records they are all spelled as *Berenstain Bears*, not *Berenstein Bears*. The same applies to the TV show *Sex and the City* being remembered as *Sex in the City*, and the movie *Interview with a Vampire* instead of *Interview with the Vampire*. One suspicion that goes with this spelling drama is that someone went back in time between the years 1986 and 2011 and accidentally or deliberately altered the timeline of human history, resulting in some small differences. It becomes a speculation of a speculation when someone actually suggests that time traveler altered our timeline when he traveled back in time. Others speculate that the differing timelines are a result of the use of D-Wave Quantum computers or experiments with the Large Hadron Collider (LHC) at CERN. The third group believes that these experiences are a result of a shift in human consciousness and earth vibrations, or ascension to a higher dimension.

Curious journalist Mack Lamoureux took the issue further, contacting Dr. Henry L. Roediger, an expert on false memories, and the doctor simply said, “I’m not sure that misremembering one letter in a long name is a major league false memory. My guess is that in this case that ‘stein’ is remembered because it is a common ending of many names—Einstein, Frankenstein, Goldstein, etc.” (Lamoureux, 2015).

It is strange for a large number of people to have specific memories of Mandela having died in prison before dying again on December 5, 2013. It is plausible that this could in fact be a legitimate case of an alternative reality where this actually happened. We should not only question people’s memories, but we should also question the nature and consistency of our reality. Are these brain glitches or reality glitches? Some are likely to dismiss these examples as wild imagination, however, how would you know if you actually switched into an alternative reality or timeline with slightly different histories? How many people would notice if only a few elements or details were altered, but with a totally different future trajectory? Let us remember that parallel worlds and alternative realities are not just a fancy idea, but a scientific reality.

Skeptics argue that authenticatable documents, eyewitnesses, and physical evidence should be found proving that reality has been altered. For instance, we should find a newspaper article from the 1980s reporting Mandela’s death. However, if history is altered, documents associated with the changed events will also be altered. For this reason, experiencers of these changes usually have only their memories as evidence of the changes except in cases where residual peripheral documents or images have been found supporting these memories.

I personally remember Billy Graham having died a few years ago, but as of now in early 2017 he is still alive. The interesting thing is that several other people also remember the dead and funeral of Billy Graham. One guy recounts comforting his mother who burst into tears watching the funeral on TV. Some people remember Osama bin

Laden having died several years before May 2, 2011, and in other circles this memory is explained away as part of recent U.S. Government conspiracies to boost their image by taking credit for his death.

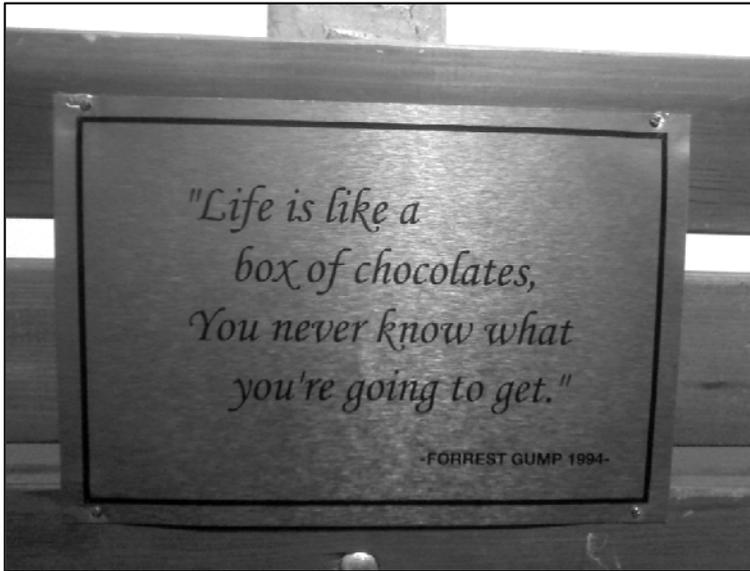


Figure 4a. Forrest Gump bench plaque
Source: A. Kachisi

Another example of the Mandela Effect is a scene from the 1994 movie *Forrest Gump*. It involves the most famous quote of the movie where Forrest is sitting on a bench and says, "Life is like a box of Chocolates." However, if you check the movie today in this reality it says, "Life was like a box of Chocolates." The movie *Forrest Gump* was produced by Paramount Pictures, a subsidiary of Viacom. Apparently, this specific *Forrest Gump* Mandela Effect story came to my attention when I was working in a Viacom building in New York City. Someone had previously told me that Viacom had the original or copy of the bench that *Forrest Gump* sat on in that movie scene placed near office elevators in the building and I had seen it several times. It did not take much for me to go to the third floor to check out

the famous bench. What I found interesting was not the bench but a plaque on it with the quotation “Life is like a box of Chocolates.” Having seen that quote supporting many people’s memories and contradicting the current movie, I am left with only two choices. It’s either the movie producers got the quote wrong or the movie was edited. How is it possible to edit the movie in its old version without travelling back in time? Or could these differences really be emerging from separate timeline of existence with small differences?

There are claims of geography and even the human body having been altered in the Mandela Effect phenomena. For example, the human heart previously on the left side of the body is now almost in the center. I am not the only one who remembers the Staten Island Ferry being the only means to get to Staten Island from New York City, but in this reality, there is another route through the Verrazano-Narrows Bridge. When someone pointed out that South America had moved eastwards, I looked at the map and was surprised with the new position because I also remember it being almost directly below North America. As for secondary residual evidence of the alternative or original position of South America, a couple of old movie clips have been identified showing map of South America almost directly below North America. In recently came across an old photo of me in front of a mural painting I did in 1999 at one college. The painting shows an extended hand reaching out to a dove, and in the background, there is a world globe. The globe shows the map of North and South America. Even though the map was not drawn very well, it still shows the position of South America being almost directly below North America rather than further east.

I personally had very strange experiences in 2011 leading me to suspect that the Mandela Effect may be a result of several timelines of existence collapsing and merging as the earth travels through the galaxy. The catalyst for these timeline changes appears connected to our sun. We must appreciate that the role of the sun in shaping and travelling our dimensions and timelines has been grossly underestimated. As we will discover in chapters ahead, the sun is a portal and gateway to other locations in the Universe. Solar activity

could be connected to conditions enabling interdimensional travel and timeline shifts.

Author and researcher Starfire Tor has been studying these occurrences for a long time calling it the Time Shift Effect. She linked solar activity like solar flares, coronal mass ejections, high-speed solar wind, and solar energetic particles impacting Earth's magnetosphere to time shifts (Starfire Tor, 2012). The idea is that solar winds and solar flares from sunspots trigger time shifts and timeline edits when they hit Earth's magnetosphere. The time shifts in turn trigger earthquakes and weather disasters.

These connections imply that we may be able to make correlations between solar activity, natural disasters and time shifts. Picking the year 2011 when I believe time shifted because of the strange experiences I had, we can easily check if my strange experiences could be linked to time shifts by cross examining solar activity and weather or natural disasters in that year. In what was called "the Year of the Restless Sun," 2011 saw the eruption of the sun with strong flares (Redd, 2011). These eruptions included CMEs and solar flares with an X-class on September 6, a medium-size flare on June 7, and solar winds and flares from September 7 to September 11.

As for disasters, the year 2011 also saw a record breaking swarm of 362 tornadoes from April 25-28, in Southern, Midwestern, and Northeastern United States (Erdman, 2016). There were several other disasters across the planet including droughts in East Africa, but our attention was grabbed by the 8.9 magnitude earthquake of March 11 in Japan. As if the quake alone was not enough it was followed by a tsunami and both left over 15,000 people dead. The tsunami damage in turn culminated in a major nuclear accident at Fukushima power plants resulting in radiation leaks. On a social and political level, 2011 saw the beginning of the Arab Spring involving mass anti-government protests and uprising in the Middle East and North Africa. On the other side of the world in New York, frustrated people took it to the streets on September 17 in protest against Wall Street practices and social-economic inequalities.

Coinciding with the periods of high solar activity, I travelled outside the U.S on a vacation in early June and September 2011. On one of these trips, I woke up one early morning suddenly, in a strange panic with my heartbeat racing as I scrambled to get up. I gasped for air with a strong sense that I was escaping the thick veil of death entangled around my neck and suffocating me. However, there was no sense of having woken up from a nightmare. The strangest thing in that moment was that my mind had gone blank. I was a *tabula rasa* or blank slate, with neither memory nor identity. I did not even know where I was nor what I was doing there. I just sat on the bed staring before my memory returned. I am still to find an explanation for this experience, medical or otherwise.

When I returned to New York from the two-week vacation I had an architectural anomaly experience, a good fit for the Mandela Effect category. It was lunch time in midtown Manhattan when I took a walk a few streets up toward Bryant Park to an Indian restaurant called Curry Dream on 39th Street. As I crossed 6th Avenue, something strange caught my attention, a new bank. A Valley National Banking branch had suddenly popped up. I stood there puzzled because the building looked old. I wondered how I could have missed a bank at a location I passed through frequently. To check my sanity, I actually went inside the Bank and asked them if the Bank was new but they insisted that it had been in that location for a long time. Could I have missed the presence of a Bank on a location I frequented or is there a stranger explanation like the Bank having suddenly popped up from a different timeline? I am still convinced that it was not a case of a faulty memory or lack of attention to details but something stranger.

Around the same time or shortly after the bank incident, I noticed a brown spot on the white part of my left eye. I was surprised because I had no memory of an eye irritation or anything else that could have caused it. On one occasion my brother casually remarked that he did not remember my eye having that dark spot. Another strange thing I noticed was that my eyebrows had partially turned grey. Another physical issue that emerged at that time was a persistent lower back

pain problem. Where these physical changes just symptoms of a life characterized by high stress and long hours in front of the computer or something else stranger? Was my current self at that time merging with another version of me from another timeline, probably a survivor or refugee from a world destroyed or simply compressed?

These experiences I had in 2011 could be random unrelated events with simple mundane explanations. On the other hand, we could be looking at a series of closely related experiences resulting from a very strange and probably unusual shift in dimensions, reality or timelines. I think my zero-point state experience of sudden memory and identity loss could have been the moment or point of a dimensional shift when two realities merged or when I shifted from one parallel world or timeline to another. If so, it could explain the changes I noticed in both my physical environment and physical body. Is it possible that a new I came from another dimension bringing with it some physical characteristics from that world as well as some memories of how that other world looked physically?

If I really shifted worlds or realities, the important question to deal with is why it happened. Was this a casual travel from a parallel world or did I escape some kind of disaster there? Could I have actually died in one dimension then simply jump to another to continue life? What could have happened to our world in a parallel dimension around year 2011? Many people remember some failed doomsday predictions or prophecies for around that time. Besides the Mayan Calendar end date of 21 December 2012 marked by alignment of the sun with the Galactic equator, U.S. preacher, Harold Camping predicted that the Rapture would take place on May 21, 2011 and the world would end on October 21, 2011. Even though we viewed Harold as crazy after his failed prediction, it is plausible to consider that maybe something apocalyptic really happened in 2011. What if the world did end in 2011, maybe not as described in Harold's Christian terms but in a different manner and a different world or timeline? This is highly speculative but if the very concept of parallel worlds and multiple timelines is valid then we have to seriously consider the possibility of information being transferred

from one world to another. Researcher Andrew Bartzis says that there was a timeline audit in June 2011 where many timelines were compressed into one central timeline.

Considering the reason why a significant percentage of the population would remember episodes of the past differently, one cannot ignore the suspicion that realities or timelines have converged. Is it possible that those people who remember a different past were somehow moved from one parallel reality into another?

Despite the number of people claiming to have encountered Mandela Effect experiences, many questions still remain to be answered. If the Mandela Effect is real, who is causing it? Is this just a natural mechanism of the universe? Is it secret U.S. Government department, hidden elites, CERN, or some scientists using Quantum computers? Could this be a result of humanity's collective consciousness editing reality probably to remind us that we are the reality creators? Are these reality edits proof that we are avatars whose external consciousness is being projected into a simulated virtual reality experience? Alternatively, could our consciousness have altered or shifted to a level where we now notice discrepancies and changes in reality and timelines? Regardless of the answer, the lesson emerging from these experiences is the lesson that reality is not as rigid and immutable as previously thought.

If you really believe in the ever-normal reality with no strangeness lurking in the corner, that is fine and normal, however, you are probably missing on some exciting drama. NASA Physicist Tom Campbell, who has spent about three decades studying reality, says, "We live in a virtual reality . . . The only thing that is fundamental (real) is consciousness itself; all else is virtual" (Campbell, 2013). Commenting on the uncertainty of reality author Philip K. Dick summed it up by saying, "We are living in a computer programmed reality, the only clue we have to it is when some variable is changed, and some alteration in our reality occurs" (Dick, 1977).

Space-Time Strangeness

Time is indeed strange, and at times feels very strange. There are days when I have felt the strong strangeness of time. Such days have been characterized by a deep sense that something was off. On one such past day when the air felt and smelled different, I actually mentioned it to a friend and he agreed with me. I thought it was strange that someone else would agree; we were both either crazy or something was indeed strange about that day. After that event, the next time I had such strange feelings I again asked someone else and they again agreed. Of course, this was not a scientific investigation, but it still gave me a sense that I was not insane, or at least not totally insane. On another such strange day, I was actually walking on a summer day in New York City and the streets were unusually empty. It was a brief time when everyone had deserted the streets and withdrew indoors with no specific attraction like a football game. It could have been mere coincidence that everyone withdrew at the same time, or something else caused it. It would seem that not all days are equal in quality.

All these experiences left me with a sense that time is not just quantities of minutes and hours measured by the clock, but time has a qualitative texture that determines how people feel, think, and act at specific times. The value of this is that those who master or have mastered the nature of time can impact and manipulate the masses by doing specific things or events at specific times with an anticipated outcome. Some have defined time as only one unit with three dimensions or pages called the past, present, and future. One can then instantly flip the pages from present to future and present to past. If we can remember the past, is it also possible to remember the future? Can information from the future slip into the present, giving us future memories or insights?

Synchronicities

Synchronicity has been defined as the simultaneous occurrence of related events but with no apparent causal connection. Synchronicities are fairly common, but not fully explained. They

include simple experiences of thinking about someone and then they call you after a long time of no communication, or talking about a song and then immediately hearing it on the radio. The more sophisticated experiences include events and people lining up at the right time and place to produce unexpected results. They are difficult to share with other people, partly because they are composed of coinciding events that are usually only meaningful to the person experiencing them. Anyone who has ever tried to explain synchronistic experiences to a friend knows the cynical experience of being told it is a mere coincidence.

When you experience synchronistic events, do not dismiss them as a coincidence or trivial; you may feel a sense of a hidden program running behind the main program called your life. This is a glimpse into another layer of reality above the normal rigid linear order of events. How much value we attach to synchronicities depends on our perception of reality. It also seems that people who value synchronicities have more experiences of them; the reason for this could be rooted in the notion that we partake in the creation of our reality, even at an unconscious level. I had one experience many years ago that seemed to have imprints of both synchronicity and the use of will. One summer afternoon I left my apartment with the intention of meeting someone I had seen in the neighborhood but had not spoken to. For some reason, I chose to go into Starbucks and sat relaxing with a cup of coffee. Guess what happened next. The person I had intended to meet walked right in and sat at one table for a minute before moving to sit next to me. There are two ways of looking at this experience: as a random coincidence or as a work of synchronicity.

If we accept this aligning of mind, people, places, numbers, and time into meaningful coincidences we call synchronicities, the next issue we have to grapple with is the mechanism behind this process. We have to ask ourselves if there is some invisible consciousness directing the process. Those of religious persuasions almost immediately consider these events to be acts of god. However, it is relevant to note that these experiences happen to different people,

regardless of their religious beliefs. It is almost as if the individual who experiences the synchronicity is at some level, consciously or unconsciously involved in constructing the event. In other words, we may be doing it but not know that we are doing it, and instead think that it is happening to us. Author Jose Arguelles said, “Synchronicity is the dimension of mind that occurs when you are liberated from material attachments, when you are liberated from solely living on the physical plane.”

In 2009, I was listening to a radio program of an interview with author Bruce Lipton. He had just published his book called *Spontaneous Evolution* and he was introducing it. He then started to explain the synchronistic event that had happened with the book’s cover design. The cover design they created was the image of Da Vinci’s “Vitruvian Man” with butterfly wings. Just before the book launch, a very large crop circle appeared in the Netherlands in the shape of a butterfly with Da Vinci’s “Vitruvian Man” in the middle. This was an interesting synchronicity for Lipton. Hearing this story, I sat frozen, not just because of the synchronicity, but because I had a personal synchronicity joined to this one. I had just done a piece of art with the theme of a butterfly man. When I produced the artwork, I knew neither of the crop circle nor the book cover design.

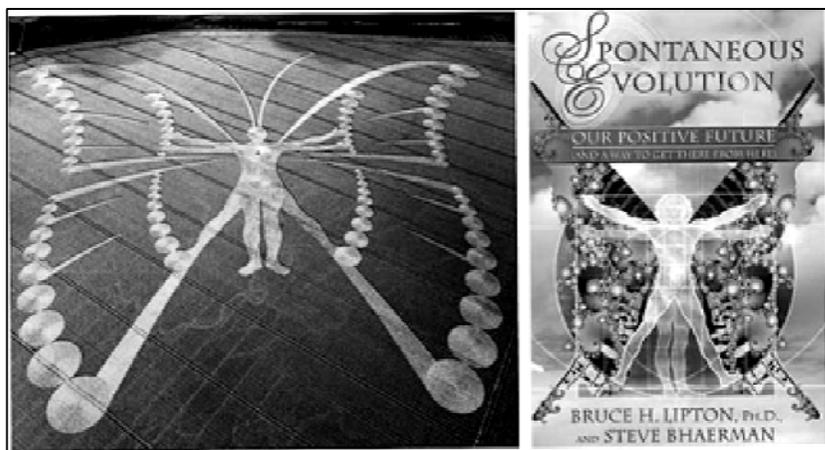


Figure 5. Crop Circle and Book Cover
Source: Enlightening Strikes 2009

In the image above (Figure 5) is the crop circle that appeared in the Netherlands on August 8, 2009, covering an area of about 530 meters x 450 meters, and Bruce Lipton's book cover design with the same theme.

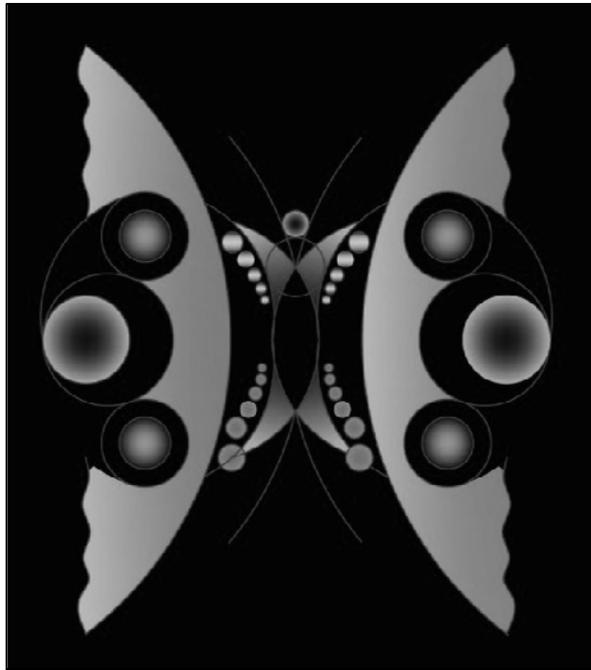


Figure 6. My Artwork, *Source: A. Kachisi 2009*

Images above and below (Figure 6 & 7) show the crop circle and the artwork I did shortly after the crop circled appeared. I named the drawing butterfly-man and it not only depicted the same theme, but also used circular geometrical shapes resembling those used in the crop circle. After this event, I looked at several crop circles and noticed that I had two more cases of having produced artwork with a close resemblance to crop circles.

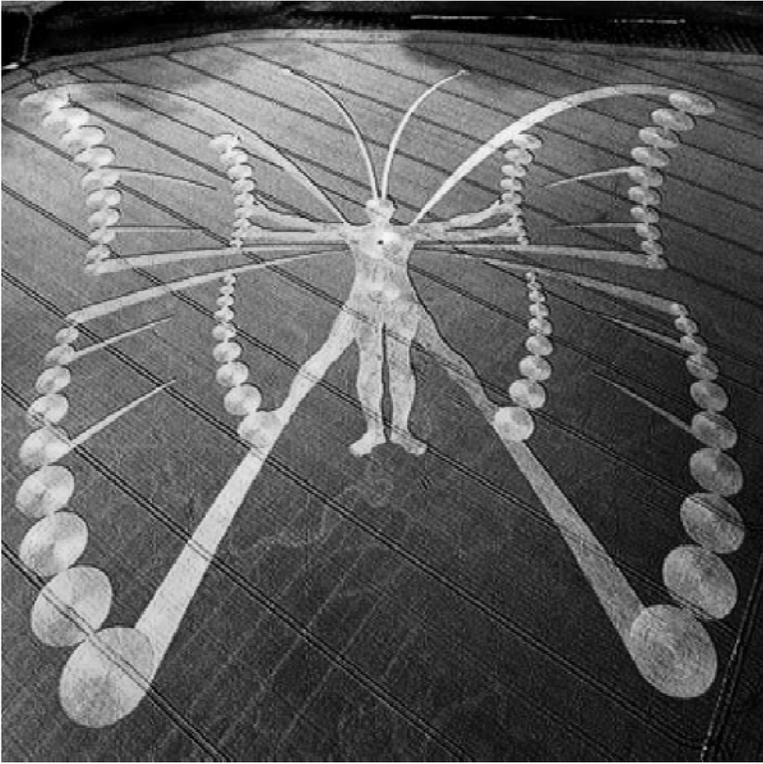


Figure 7. Crop circle, *Source: C. Andrews 2009*

Past Lives

It is true to suggest that what matters more is not just our belief or disbelief in reincarnation, but the availability of evidence supporting that position. Do you think you have lived before, here or elsewhere? Whatever your answer is, you probably have lived multiple times, according to growing evidence.

The concept of reincarnation is that after physical death, the spirit or soul inhabits a new body in a new life. Even though generally accepted in Eastern countries, the concept of reincarnation has a tougher audience in the West. Some have suggested that the concept was deliberately edited out of Judeo-Christian doctrine for some

insidious reasons. The rationale for the cycles of reincarnation is the concept of karma, life lessons, and spiritual growth. The basic idea of karma is that one's actions during their life accumulate spiritual credit or debt. Good actions toward others propels one to higher forms of existence or better experiences in their next life; on the other hand, bad actions result in indebtedness, requiring one's return to earth to face hardship as restitution or life lessons.

There is a growing amount of evidence of reincarnation as a valid phenomenon. Think about the child prodigy who plays the piano as a toddler. Is this knowledge slipped in from a past life? Cases of reincarnation involving children are particularly significant because of the reduced possibilities of the claims being based on information obtained from books or other records. It is very unlikely for a 3-year-old child to use Google or go to the library to study the life details of Mahatma Gandhi, Winston Churchill, or even more obscure, a soldier from World War II.

Imagine the bewilderment of a mother when her two-year-old son suddenly starts talking about an unknown woman named Pam. A mom from Cincinnati, Ohio was surprised when her 5-year-old son Luke Ruehlman told her that he had been Pam in a previous life before dying. He would casually make statements like "I used to have earrings like that when I was a girl." When his mother asked him how he had died, he revealed that he, when he was a she, had died in a building fire in Chicago. Upon investigating the issue, the mom was able to find the hotel building where it had happened and that one of the 19 victims who died was a black woman named Pam Robinson.

In another story, a young boy named Gus Taylor from the Mid-West believed that he was the reincarnation of his own grandfather. Besides the strangeness of remembering his grandfather's siblings, the highlight of the saga was a diaper incident. One day his father was changing his diaper when Gus suddenly said, "when I was your age I changed your diaper." Carol Bowman, author of *Children's Past Lives*, says past life memory stories are characterized by a

matter-of-fact tone in speech, consistency over time, knowledge beyond experience, and corresponding behavior and traits related to the past life stories.

*“Just as a man discards worn out clothes and puts on new clothes,
the soul discards worn out bodies and wears new ones.”*

(Bhagavad-Gita, 2:22)

Dr. Ian Stevenson, former psychiatrist and professor at the University of Virginia, spent 40 years traveling around the world and studying cases of children with past life memories. He documented more than 2,600 cases of children’s past lives with about 1,200 cases validated as genuine. One of Dr. Stevenson’s case studies was about the reincarnation of Hanan Monsou, who was born in Lebanon in the mid-1930s. After developing a heart condition, she traveled for surgery at the University of Virginia. However, she died in 1965 after the surgery. Ten days after her death, Suzanne Ghanem was born in Lebanon. Suzanne had previous life memories of Hanan. By the age of two she could remember all thirteen names of Hanan’s family members. When Suzanne’s family met with Hanan’s skeptical family, Suzanne knew some family details only known to Hanan’s family members (IISIS International, 2015).



Figure 8. Hanan Monsour (left) and Suzanne Ghanem (right)
Source: IISIS International 2015

Robert L. Snow, author of *Portrait of a Past-Life Skeptic*, was a police captain for many years in Indianapolis who tried to disprove reincarnation as mere fabricated fantasies. Going through the process, he had a past life regression with a psychologist, and his experience changed his whole paradigm. In one instance, the hypnosis process took him to his last past life and he found himself in the vivid environment of an artist's studio filled with many paintings. This process revealed memories of several past lives, with one specific one as a 19th century artist. To check the authenticity of this past memory, he researched 19th century paintings. He searched for months without luck. He ended up in New Orleans art galleries, and stumbled upon a painting of a hunchbacked woman he had seen in the past life regression. This painting by Carroll Beckwith was part of a private collection and there was no way Snow could have seen it before.

Having obtained the name Carroll Beckwith, he looked for information on this artist, but he could not find much since he had not been a famous artist. Still skeptical, Snow chased leads everywhere and ended up finding Carroll Beckwith's diaries and all

the details corresponded with information from the regression. In fact, Snow found twenty-eight facts in Carroll Beckwith's life that corresponded to the information he got in his past life regression. These facts included information that in the previous life he used a walking stick, his wife could not have children, and he died in a large city with tall buildings in the fall of 1917 (Snow, 2015).

These experiences brought him to a new view of the world and in conclusion he said, "The world does not operate on the parameters you think it does."

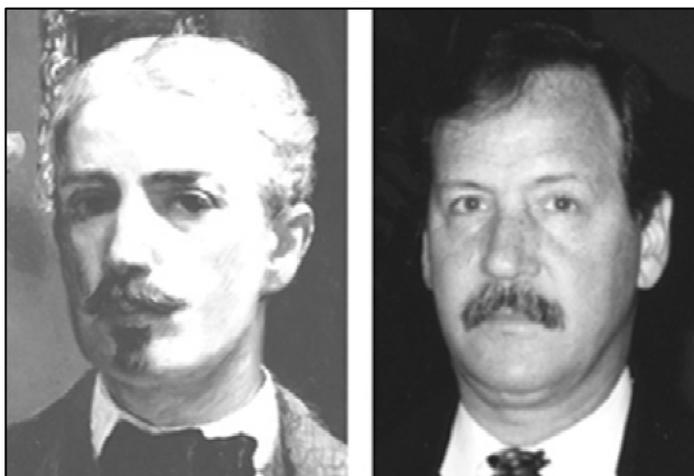


Figure 9. Carroll Beckwith (left) and Robert Snow (right)
Source: ISIS International 2015

Beyond the detailed memories of his life as Carroll Beckwith, there is some level of physical resemblance between them. The subject of physical resemblances between the current person and their previous life appearance is intriguing but strange. It is almost as if the returning soul or person tries to recreate their previous circumstances, including their appearance. It makes us wonder how

the soul or identity from a previous life can override the new baby's genetic traits and impose physical features from the previous life.

Another example of possible reincarnations with physical resemblances is the case of Edgar Cayce and David Wilcock. Born on March 18, 1877 in Kentucky, Edgar Cayce, nicknamed "The Sleeping Prophet," was a psychic who did readings in an unconscious state, diagnosing illnesses and making predictions about the future. A large number of people consulted him for health reasons, but his readings covered 10,000 different topics, resulting in a collection of 14,306 readings (A.R.E, 2015). Edgar Cayce died in 1945 after suffering a stroke at the age of 67. Some people believe that researcher and author David Wilcock, born on March 8, 1973 in New York, is Edgar Cayce reincarnated. In the book, *Reincarnation of Edgar Cayce*, author Wynn Free links Edgar Cayce to David Wilcock through circumstantial evidence, including prognosticating and channeling abilities.



Figure 10. Edgar Cayce (left) and David Wilcock (right)
Source: Divine Cosmos 2006.

If Cayce is Wilcock, he's a funny guy, he did not just return alone, he dragged his whole crew with him to join the reincarnation party. Some pictures of Cayce's close circle of people are believed to correspond in appearance to Wilcock's associates. If this is not mere coincidence, one wonders about the purpose of a whole cast of characters coming back in what some consider to be *soul group reincarnation*.

Leonard Angel from Douglas College in British Columbia is skeptical about reincarnation and says one of the problems with reincarnation is a reliance on memory, making it easy to create imaginary lives configured to match historical people. However, this cannot explain away cases of people remembering people and places in foreign lands they have never visited and even knowing small details and family secrets.

Robert F. Almeder from Georgia State University states, "If you take these cases seriously you have to conclude that the best available explanation for this data is that some people do reincarnate." He says he found about 300 very strong cases, and if critics say 300 is not enough, then they should explain just those cases (Almeder, 1992).

Besides the notion of people being reborn after passing over, is it possible that personal information can be passed from a dying person to a baby in some way? Is it also possible that this personal information could be acquired from some collective consciousness data resource?

How about a possible quantum explanation for this phenomenon? Can it be explained by modern physics? If changes in the spin of a particle can affect another particle from the same electron but separated by distance, can this also happen to souls? As mentioned previously, shared experiences can happen to twins separated by distance, perhaps the same phenomenon could happen at the soul level. If related or split souls happen to manifest into two separated human physical incarnations by some mechanism we do not understand, it is likely the two people would share information or experiences. If one of the connected souls were to die or be born at a

different time, it is possible that the living one could access information from the other soul that is not currently physically alive. Just like particles, humans and souls can also be entangled, and share information as well as experiences. Here is one important aspect we have to consider, if linear time is an illusion then we have to conclude that there is no past life or future life but only current lives. This implies that what we are calling past lives are infact not past lives but also current lives happening simultaneously.

Human Recycling

Even though many Eastern religions believe that reincarnation gives meaning to our lives because it connects each incarnation on earth to the development and spiritual evolution of the soul, questions can still be asked about the validity of this concept. Does returning to the earth ensure learning and growing spiritually? If that is the case, can we assume that people of higher moral values are those who have lived many previous lives, and murderers are young souls? If the souls of so-called good and bad people are of the same age, then reincarnation may not work in a linear time manner because there is no guarantee that reliving a life makes you a better person. In fact, the reality might be that returning to earth reincarnated not only gives you an opportunity to correct past life mistakes, but also an opportunity to make new mistakes. The process would probably work better if one simply remembered their past life clearly and just corrected everything once and for all. If reincarnation really improves souls through learning and clearing karma, it would follow to assume that in each age, the world gets better morally as cleaner souls come back. If the purpose is learning, then our life span should be much longer, giving us more class time. Alternatively, the goal of incarnating and reincarnating may be to learn through varying experiences rather than a mere preoccupation with correcting errors.

In Hinduism and Buddhism, the word Samsara literally means “wandering through” and it describes the repeating cycle of birth, life, and death. This wheel is supposed to happen based on the laws

of action and reaction, however, all that becomes meaningless if the process is taken over and controlled by parties with an agenda.

Are we simply being recycled? If so, how many times per average person? One hundred, two hundred times or more? Each time returning under some illusion that you are coming back to learn something special, only to be enslaved and die after learning nothing of real value. If reincarnation is really a feature of the original human design, is it possible that some beings or entities from other places or dimensions might have interfered with that process for their benefit? Some believe off-world entities have kidnapped and manipulated the process of reincarnation and introduced false life reviews to enable endless returns to earth. This manipulation is believed to start when a person dies, goes through a tunnel, and encounters an irresistible bright light. Going toward the light, they meet imposters in the form of relatives who died earlier and angelic beings. After these sentimental encounters, one ends up at a life review where fake scenes are added to one's life memories, resulting in one agreeing to return to earth to correct the mistakes they made. At this stage, they are also manipulated into agreements of suffering and misery in their new life, and then their memory is wiped out before being thrown back to be born again on earth. This process can be repeated endlessly, making one a permanent prisoner on earth. According to Simon Parkes, "When you die, your soul doesn't go back to source but is trapped in a grid and struck with a huge amount of electromagnetic energy which makes you forget. Then your soul is put in another body. Only sometimes when the system fails do you get memories of past lives. Time and time again, souls are recycled back to earth. This is a prison planet" (Parkes, 2015).

If reincarnation as we know it is not really a part of the natural order but an artificial construction, then it follows that we must identify the culprit behind this endless form of slavery. Who has the capacity to arrange such an advanced system that recycles humans? This process obviously involves mastery over both the physical realm and the realm of death or the astral plains. These beings or entities most likely have the ability to transverse both realms comfortably and

control them. How do these entities benefit from such a game? By analyzing this reincarnation cycle, we can get ideas about the nature of what they need and what they get from this system. The desired yield from the process cannot be obtained from enslaving humans in the afterlife, that is why they have to bring us back, unless enslaving physical beings is just easier than enslaving non-physical beings.

Clues may also emerge if we can just imagine processes and activities that characterize the physical world of humans but are unlikely to be found in the afterlife. For an average person, the first stages of life is a process of learning. As they grow older, there is more learning, both in school and society. Society learning focuses on relationships, roles, beliefs, interests, identity, and responsibilities.

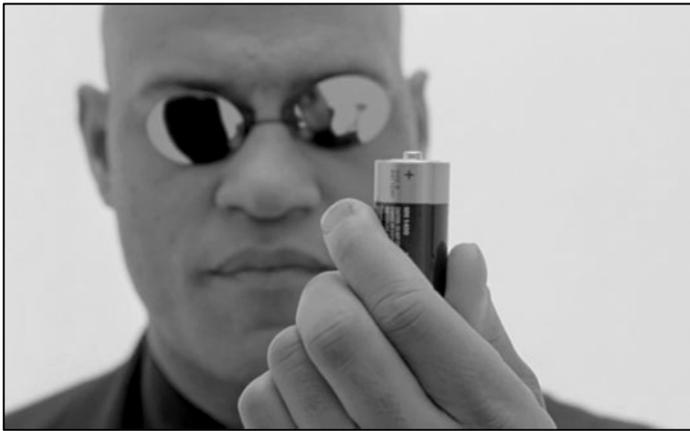


Figure 11. The Matrix movie—turning humans into batteries
Source: Warner Bros. 1999

As one matures, the next stage brings more responsibilities connected to family and work. The sum total of all these experiences allows us to grow and develop. Yet as one grows and looks back at all experiences, the records and memories of all experiences are shaded

in hues of emotion. Emotions seem to color our world, we are happy, we are sad, we are angry, we laugh, and we live on.

Other elements that seem to cut through the nature of human activity are struggle and toil. The struggle to survive, to sustain oneself, to develop, to be safe, to achieve goals, to conquer, to choose, and to be. An enormously huge amount of time goes into this struggle and its associate, toil. In general, you work like a dog all your life and all you have to show for it are extra channels of TV, a crappy Japanese car, and if you are lucky, a house stamped with a forty-year mortgage. It all leaves you so ground down and exhausted you just want to self-medicate and tranquilize yourself with alcohol, pizza, and sports. Most of the things we are supposed to work for are in fact not worth having. You walk through life blindly like a zombie, constantly programmed by society and media to shop, to vote, and to accept being led, managed, and controlled rather than being autonomous and independent.

An average person spends four years being a baby, twenty-three years in school, forty years of working, and twelve to fifteen years of retirement with a package of failing health. You simply die before you even have time to figure out what is going on, and then they throw you back into the pot to repeat the process again and again. An analysis from this perspective leads us to suspect that the only thing these reincarnation slave masters gain out of this is our struggle and toil. This must be the fuel and energy they need for their sustenance or other purposes. They feed on energy. Some have called these beings Archons.

If you still do not see the travesty of endless returns here, it may be because of how you view yourself and the planet earth. The basic truth is that you are not your body, and therefore the real you has the ability and capacity to incarnate in any part of the universe. This is as hard as it gets. Why on earth, return to earth? Who in their right mind would want to come back here and have to file tax returns again? Yet on the other hand, there are also beautiful things in this world worth returning for besides paying taxes. For example, I could see many

people wanting to return voluntary if they had happiness, wealth, and children they love or if their good experiences outweighed the bad. Others might even just return for physical pleasures. You might have heard of deceased people or ghosts who decide to stick around the physical environment because of their attachments to places, things and people. In spiritual circles the idea of voluntary return to help people in the world is considered noble. However, this is not what we are considering problematic, what is problematic is scenarios of forced or manipulated reincarnations. Perhaps the real issue here is not just the issue of coming back but what type of world we are coming back to and what we actually do when we return.

As mentioned earlier voluntary reincarnation enable individuals to experience many varieties of lives. One life is really too short and too narrow to fully understand the human experience on earth. If you are born an American male in the 21st Century what are your chances of really knowing and understanding what it is like to be a teen girl living in China during the communist revolution era. How about the richness of experiencing what it is like to be a hunter in amazon jungles or a victim of 12th-century inquisition? Past life regression today can give us different perspectives on the subject of reincarnation.

Hypnotherapist Alba Weinman's regressive hypnotherapy techniques based on Dolores Cannon's Quantum Healing Hypnosis Technique (QHHT) has yielded very interesting insights into the phenomena of past lives. Under regression people capture their experiences living in different geographical locations, different eras, different genders, ethnic groups, and even on different planets or galaxies with different alien looking body forms. I remember the case of one woman who under past life regression narrates being on a sandy planets as a soldier shooting rockets at a spaceship emerging from a corridor resembling a black hole. The description gets very tense as she pants and sobs narrating laser beams destroying their planets and regret overwhelms her as she realizes that she cannot save their planet from metallic mantis looking robotic entities. In one case a lady under regression describes her life in deep waters as a mermaid. In another

case one guy captures his life as an avian being with the head of a bird and beautiful blue features (Weinman, 2017). Most of the narrations are clearly genuine and probably very difficult to fake unless you are as creative a Stephen King, and you have much to gain faking a regression session.

All this means that souls or humans who have experienced a wide range of lives should possess more understanding and depth of perception and character. However, the question that still remains is why the world is such a bad shape if it is inhabited by humans who have reincarnated multiple times? Past-life regressionist and author of eighteen books on the subject Dolores Cannon said that a new wave of souls from other planets and dimensions has been incarnating on earth lately as newborns free of the earthly karmic cycle. These new souls are here to help change the current mindset on earth as the planet's vibration is shifting to a higher dimensional frequency (Cannon, 2011). If we consider her words true, it implies that we could see a rapid transformation of society because these new comers may not tolerate the nonsense that we have been putting up with for ages.

The Rainbow Body Phenomenon

Whether we are here as prisoners manipulated to reincarnate or return voluntarily for life lessons and experiences, what is certain is that the type of physical lives we generally live on earth are proof of the absence of the higher dimensional presence called the soul in its full functionality. For each person alive, the soul is meant to merge fully with the body, but the two are detached from each other. The soul stands apart at a distance, just watching, as the body walks around blindly, toiling in vain. To put it bluntly, we are not even fully human. Humans are supposed to at least have fully present and functional bodies and souls, but we are currently operating on a level of body awareness alone, like zombies. Generally, humans vary from having no soul at all present in the body to having mere fragments or small percentages of soul consciousness in the body. In our current

dilemma, body level consciousness focused on physical sensory information overshadows soul awareness.

Soul re-integration is a viable solution for going beyond our Matrix-like prison. The soul by nature exists in multiple higher dimensions and therefore perceives time, space, and events different from the body locked in physical consciousness. Getting in touch with your soul means accessing the whole package that the soul has stashed away in its vault. A whole person with a fully integrated soul will not accept the lies and nonsense we currently put up with.

In Buddhism, the belief in reincarnation is different from what most people think. The interest, however, is not just in the afterlife events, but also the process of dying. There are sectors of Tibetan Buddhism with practices that sometimes result in very unusual dying processes. Proof of the impact of such practices has manifested in the form of the Rainbow Body phenomena. The phenomena of transformation into the Rainbow Body involves leaving the earth in what we normally consider to be death, but taking the physical body into the afterlife rather than leaving a corpse behind. There are three levels or types of Rainbow Body attainment. The first is the small Rainbow Body, where after death the body shrinks from adult size to baby size or smaller. The second is the medium Rainbow Body, where what remains is only hair, teeth, and nails. The third and highest is the big Rainbow Body, where the whole body disappears, leaving no trace behind.

When Catholic Benedictine monk David Steindl-Rast began a Buddhist-Christian dialogue in 1966, his mission was dialogue, but by the late 1990s it had stretched toward a curiosity about Rainbow Body reports. His interest was in corroborating the claims and understanding if the phenomena could be related to Jesus' resurrection. Steindl-Rast ended up getting assistance from Father Francis Tiso, a Roman Catholic priest fluent in Tibetan language and culture.

In Tibet, Father Francis Tiso interviewed eyewitnesses to the death of a monk called Khenpo A-Chos whose body had vanished through

the Rainbow Body phenomena in 1998. The reports confirmed the presence of a rainbow before and after his death, mysterious music, perfume, transformation of the body to a more youthful state, the gradual shrinking of his body including bones, and its total disappearance after seven days (Holland, 2002).

One report states, “Kathok Monastery...has records indicating that over 100,000 within the Kathok lineage achieved this state since its founding in the 12th century while nearby Dzogchen Monastery had 60,000 lineage holders reach such a state since the monastery was established in the 17th century” (Gyalwai-Nyugu, 2013).

Famous Dzogchen master Nyala Pema Dündul is reported to have attained the Rainbow Body in 1872. As the process began, he told his disciples to lock his door for seven days. When they opened the door after seven days, all they saw remaining was his hair, nails, and clothes; his body had transformed into light or the Rainbow Body. Another source, however, says he transformed himself into a non-decomposing small body. His student Ayu Khandro Dorje Paldrön, teacher of Dzogchen and Tantric Buddhism in East Tibet, also achieved Rainbow Body in 1953 at the age of one hundred and fifteen. One report about her I find fascinating is that she had a spontaneous long-distance teleportation experience. She was teleported to a distant location but she could not teleport herself back so she had to walk for many days.



Figure 12. Lama Achuk Rinpoche
Source: IGNA 2014

Lama Akhyuk Rinpoche was a well-known meditation master in Tibet. When he passed away in 2011 at the age of 84, his body shrunk from 5' 9" tall to the size of a newborn, surrounded by colored lights. He is reported to have performed miracles in his lifetime, like leaving handprints and footprints deep into rocks, manifesting body mandalas, and going into water for several days. Another recent attainment of the Small Rainbow Body involves Dzogchen Lama Karma Rinpoche who died on November 11, 2013. In his fourteen-day transformation, his physical body shrunk by eighty percent, from 5 foot 9 inches tall to 8 inches.



Figure 13. Padmasambhava footprint in stone, *Source: In5D Esoteric*

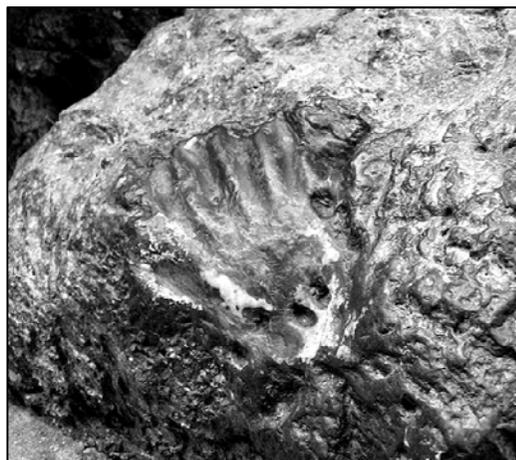


Figure 14. Padmassambhava's handprint, Asura Cave, Nepal, *Source: Tulku Urgyan Tenpa*

One mysterious figure associated with this whole phenomenon is Guru Rinpoche, who was involved in bringing Buddhism from India to Tibet in the 8th century AD. He is also called Padmasambhava, meaning “Lotus born,” referring to his birth from the blossom of a

lotus in the lake called Ocean of Milk. The Lotus and Milky Ocean symbols are explained further in Chapter Four in relationship to stargates at the center of the Milkyway galaxy. Padmasambhava is known for his miraculous feats, like leaving footprints in rock and flying. Padmasambhava's death process occurred through the big Rainbow Body, where his body totally dissolved and disappeared, leaving nothing behind.

In Hinduism, the concept of reincarnation implies that the soul comes back and inhabits a new body, but in Buddhism it is more confusing. Buddhism does not have the same concept of soul as we see in Hinduism; therefore, there is actually no reincarnation in Buddhism, but rather a different concept of being reborn. In Tibetan Buddhism, there is a concept called Tulku where a person is identified as the emanation of a deceased master returning to help and teach others (About, 2016). One example being the Dalai Lama, who is considered an emanation of the Bodhisattva Avalokiteshvara. Here the concept is that the creative consciousness, rather than an individual soul, manifests in a new form.

In one incident of Rainbow Body transformation, another teacher told his disciples not to enter his room for seven days. As the days went by, one disciple opened the room and touched the shrinking body. The result was that the transformation process stopped. This story reminds me of the story of Jesus in the Bible. After his resurrection in John 20:17, he says, "Do not touch me, for not yet have I ascended to the Father." Is it possible he was going through a similar transformation? I hesitate to compare Jesus resurrection stories to the Tibetan Rainbow Body events because the biblical resurrection accounts are unreliable and may be a mix of fact and distortions, if not just outright fiction. The biblical text is difficult to sort out considering that the synoptic gospels are said to be memories of old men recounting the events of their youthful days, copied from each other with additions and subtractions and then eventually edited by the church. Nevertheless, viewing resurrection from this context has some merits.

Collective Amnesia

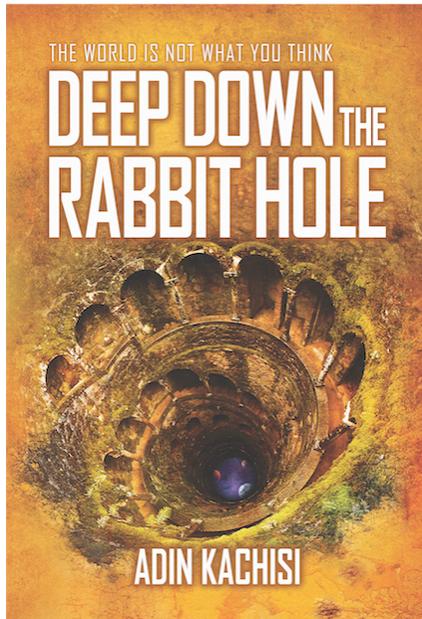
Humanity is definitely a species with amnesia. We barely have any records of anything that happened before 5,000 years ago. If we take the estimate that the history of modern humans is about 200,000 years, then 5,000 years of recorded history is a very small fraction. This is the equivalence of a 40-year-old who only remembers one year of his entire life, or an 80-year-old with memories of his two most recent years only. It is the same for humanity, with no sense of who we are collectively and individually. It may be a bit difficult for a majority of people today to see the gravity of the issue, because we are under the illusion that we are very advanced because we use computers and fancy gadgets. Yet, these toys only numb our senses without curing our predicament of memory loss and its consequences.

As I contemplated this question of amnesia, I thought for a moment that things are generally not that bad and the world is generally a fun place. I walked into an office pantry where two guys, one from a South American country and another from Russia, were discussing the chronicles of insane activities by government officials and elites from their countries as well as their neighbors. I stood frozen as they made fun of episodes of gross criminality and mass murders. Like most, the stories were shocking but not new, and on the contrary very familiar, so familiar that they do not shock the world anymore. Any thoughts I had previously entertained that humanity could become normal even with amnesia immediately disappeared. "Humanity is really sick," I thought, "and no amount of bandages can conceal the problem." I was thrown back to the realization that humanity and human society is full of insanity partly because of this amnesia.

What is the cause of humanity's collective amnesia? The reasons could be several and multifold. The first one involves environmental catastrophes. Events like the great flood associated with the end of the ice age and asteroid impacts on earth have the capacity of not only destroying life and civilizations along with their records, but also traumatizing people to the level of collective amnesia. The

second reason is manipulation by earthly elites or off-planet overlords. Evidence shows that controllable societies and a subservient humanity are more easily achieved if the earth population has no clear sense of identity and has limited historical references. When one looks at history, myths, and the world in total, it becomes plausible that someone or something out there occasionally, if not regularly, tampers with our time-space reality. An important central piece of this manipulation process is the link to our brains and thinking process. It appears that at some level, mass mind control may be carried out to ensure that we do not recognize a space-time change or update. Our minds or brains are probably hooked up to the space-time motherboard so that as space-time reboots, so do our minds, resulting in our collective amnesia. It is understood that when a person's bio-magnetic field is ruptured, it results in memory loss. If this is done collectively or to the collective bio-magnetic field, the result would be collective memory loss.

What is the impact of forced collective amnesia, is it random or targeted? Are there specific events or incidents that have been deliberately wiped out of our memories such that even events and information from 2,000 years ago can barely be recalled accurately? The mysteries surrounding the technologies of ancient civilizations discussed in the next chapter is good evidence of amnesia. If there are forces beyond humans who benefit from our generational perpetual ignorance and lack of past information, then such forces might give us periodic memory wipeouts.



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